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| **Standard 4: Personal Responsibility and Teamwork**  *The physically literate individual exhibits responsible personal and social behavior that respects self and others.* | | |
| **“I can safely participate and respectfully cooperate with others in physical activity settings.”** | | |
| **Standard 4.3.9** | **As soon as I enter the gym area** | I will immediately go to the weight room and read the daily tasks/expectations for the day so that I understand what I need to do and what I am to learn during the class period. |
| **Standard 4.1.9 & 4.3.9** | **During Warm-Up/Fitness Activities** | I will put forth my best effort to improve my fitness and skills. I will follow the directions as stated and do the activity for the entire time. I will do the activity as INSTRUCTED. I will not interfere with others ability to participate. |
| **Standard 4.1.9** | **After Warm-Up/Fitness Activities**  **Teacher Instruction Time** | I will stand or sit (as directed) in the spot designated. I will remain **silent** and attentive while instructions are given. I will raise my hand if I have a question. I will not offer comments unless directed by the teacher to do so. |
| **Standard 4.2.9 & 4.3.9** | **During skill development practice and game play** | I will follow all of the directions for the activity as instructed. I will put forth my best effort to improve my skills and game-play. I will respectfully cooperate with others during activities and follow all of the rules for the activity. I will play my role on the team to make the activity more enjoyable and competitive. |
| **Standard 4.2.9** | **At the end of class** | I will participate in the class activity and will put away equipment as instructed. When the whistle blows—I will immediately stop what I am doing and join the class huddle. |

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| **Standard 4 Daily Grading Rubric** | | | | |
| **1** | **2** | **3** | **4** |
| **Beginning** | **Approaching** | **Meeting** | **Exceeding** |
| The student inconsistently demonstrates personal responsibility, safety principles, accepting feedback, teamwork, and respect during physical activities and needs constant correction. | The student inconsistently demonstrates personal responsibility, safety principles, accepting feedback, teamwork, and respect during physical activities and needs correction. | The student consistently demonstrates personal responsibility, safety principles, accepting feedback, teamwork, and respect during physical activities with few, if any, lapses. | The student consistently and independently demonstrates personal responsibility, safety principles, accepting feedback, teamwork, and respect during physical activities with few, if any, lapses. |